



Heart Health Resource Centre
Centre de ressources - Coeur en sante

Orientation to Heart Health in Ontario HHRC Services

May 19th, 2004
OPHA Boardroom

presented by
Lisa Mitchell/Karima Kassam
Program Coordinators



Heart Health Resource Centre
Centre de ressources - Coeur en sante

Address: 700 Lawrence Avenue West,
Suite 310
Toronto, ON M6A 3B4

Website: <http://www.hhrc.net>

e-mail: heart@onha.on.ca



Heart Health Resource Centre
Centre de ressources - Coeur en sante

Heart Health Resource Centre

Mandate

To enhance the capacity of public health agencies and their community partners to implement comprehensive, community-based heart health programs.



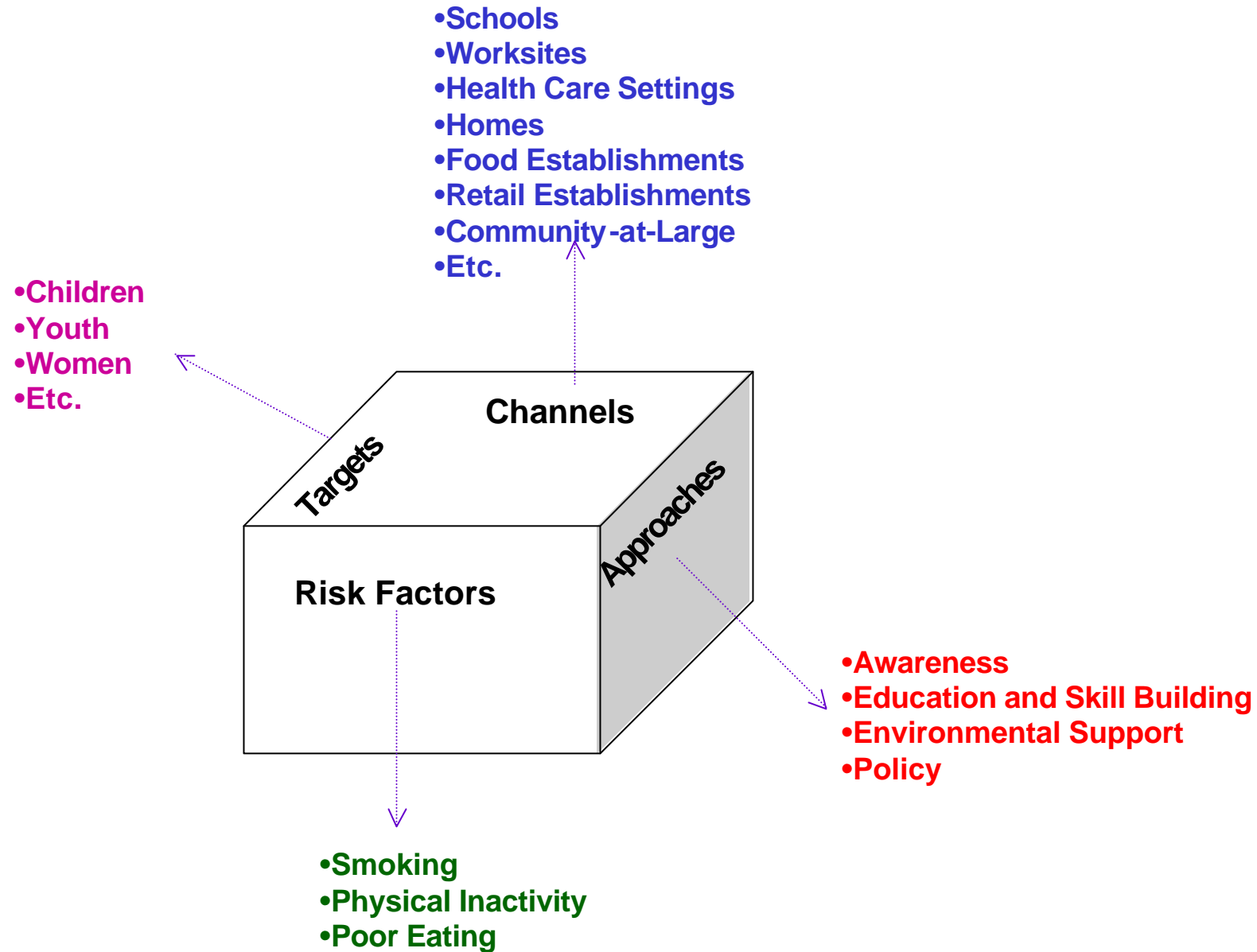
Heart Health Resource Centre

Groups we work with include:

- ✍ Public Health Units/ Departments and their community partners
- ✍ Other Resource Centres and their clientele
- ✍ Volunteer Agencies



Comprehensive Heart Health Programming



Four Major Strategies

- ✍ Training
- ✍ Consultation
- ✍ Information Knowledge Exchange/Diffusion
- ✍ Networking and Referral



Training

Centralized Training Events

- ? Orientation to Heart Health
 - ? Comprehensive Heart Health Program Planning
 - ? Evaluating Heart Health Programs
 - ? Heart Health and Policy II
 - ? Sustainability

- ? Upcoming: **Phase II Support Training For Reporting Forms**



Heart Health Resource Centre
Centre de ressources - Coeur en sante

Consultation

Consultation Service

- ? 3.0 days consultation support per community
- ? Topic selected by community
- ? Procedure overview

Coaching Program

- ? Specific support to heart health coordinator
- ? Mentoring approach



Heart Health Resource Centre
Centre de ressources - Coeur en sante

Information Knowledge Exchange / Diffusion

1. Paper

- ✍ Bi-monthly mailout
- ✍ @heart newsletter
- ✍ What Works for Us:
Catalogue of Interventions
- ✍ International Best
Practices
- ✍ Intervention
Materials/Resources

2. Electronic

- ✍ Website - www.hhrc.net
- ✍ Listserv - heart-I
- ✍ Database (under
construction)

3. People

- ✍ Toll free telephone
support line 1-800-267-
6817
- ✍ E-mail support
- ✍ Presentation



Heart Health Resource Centre
Centre de ressources - Coeur en sante

Networking and Referral

- ✍ Participation on a variety of advisory groups
- ✍ OHHN Secretariat
 - ✍ \$10,000 / year contribution
 - ✍ Co-chair bi-annual conference



HHRC Staff

 Anne Lessio, Manager

 E-mail: alessio@opha.on.ca / 416 367-3313 ext. 229

 Karima Kassam, Program Coordinator

 E-mail: kkassam@opha.on.ca / 416 367-3313 ext. 236

 Lisa Mitchell, Program Coordinator

 E-mail: lmitchell@opha.on.ca / ext. 242

 Angella Kalloo, Project Assistant

 E-mail: heart@opha.on.ca /ext. 232

