

Ontario Heart Health Network Meeting
Tuesday November 2, 2004
BMO Institute for Learning, Toronto ON.

Present: Barb Eles (Co-chair), Alicia Tyson (Interim Co-chair), Jackie Van Ryswyk – Healthy at Heart Elgin (recorder), Mary VandenNeucker-Whole Hearted Living Oxford, Julie DeMarchi – Heart and Stroke Foundation, Kerry Price – Healthy Living Perth, Jennifer McKibbin – Northwestern Healthy Living Project, Alexis Green – Tri Health, Marty Paul – Chochrane District Heart Health Network, Donna Mitchell – Stroke Prevention Initiative, Alison Dutkiewicz – Take Heart Algoma, Stephanie Lebevre – Heart for Life HKPR, Shelly Brown – Heart Health Hastings Prince Edward, Anne Adair – Peterborough County City Health Unit, Adaiiah Recto – Heart Health Resource Centre, Lisa Mitchell- Heart Health Resource Centre, Claudette Hoddard – Sudbury Heart Health Coalition, Bev Pitfield – Sudbury & District Health Unit, Karima Kassam – Heart Health Resource Centre, Laura King – Toronto Heart Health Partnership, Paula Waddell – Toronto Heart Health Partnership, Carol Gold – Ministry of Health and Long Term Care, Kristie Daniel – Choices for Health Halton, Cindy Jessome – Brant Healthy Living Coalition, Heather Keam – Haldimand Norfolk Health Unit, Jody Strauss – Brant Healthy Living Coalition, Pamela Frick – Peel Heart Health, Bev Wilcox – Ottawa Heart Beat, Katherine Hale – Ottawa Heart Beat, Nadine Elias – Healthy Rhythm Coalition, Kevin Stachan-Healthy Living Partnership, Amandeep Kaur- Peel Heart Health Network, Andrea Singh- Heart and Stroke Foundation, Elizabeth Strachan – Windsor Essex County Health Unit, Nicky Rauzon-Wright – Heartyparty.com York Region Heart Health Program, Dela Skelsey – Toronto Heart Health Partnership, Zaheeda Daya – Toronto Public Health, Lynda Fraser – Thunder Bay District Health Unit, Christine Sensor – Healthy Living Hamilton, Carolyn MacDonald – Durham Lives! Durham Region Health Unit, Tricia England – Chatham Kent Public Health Unit, Joanne Putnam – Chatham Kent Public Health Unit, Kim Ross-Jones – Huron County Health Unit, Ruby Brewer – Middlesex London

1. Call to order.

Alicia Tyson and Barb Eles called the meeting to order.

2. Welcome

Special welcome to:

- ? Brenda Perkins (Acting Manager) Ministry of Health & Long Term Care
- ? OHHN Executive
- ? New Heart Health Coordinators
- ? Community Partners and others attending.

3. Approval of Agenda

No additions to the agenda.

4. Approval of Minutes – Tuesday May 18, 2004

Motion by Anne Adair seconded by Alison Dutkiewicz to accept the minutes of the previous meeting. Carried

- 5 Ice Breaker – Central West entertained everyone with a knowledge- testing icebreaker.

6. Business Arising

6.1 Orientation Update

Bev Pitfield, Manager, Community Team, Sudbury and District Health Unit gave an update of the orientation session held the previous day. She suggested that the day could be a good format for the training at a local level. (With the exception of explanation of forms.)

6.2 Strategic Planning Process

Alexis reported for the strategic planning group. Dr. David Sheridan facilitated the day and is now in the process of writing a draft strategic plan. Once the revisions are made to the draft the final report should be on the list serve by early December. Alexis outlined the process for the planning including the questionnaire, key informant interviews and planning day.

Round Table Questions for discussion at the meeting.

1. What can the OHHN network do that nobody else can?
2. What are the implications for membership?

Ideas were presented and will go to the subcommittee charged with tasks for the strategic plan.

Subcommittee

Regional Reps will ensure that there is a representative from each region on the subcommittee.

Stretch Break Thank you to Marty Paul for stretching everyone.

6.3 In-Depth Evaluation Update – Brenda reported for the Ministry

- ? Staff changes and reorganization has delayed things at the process.
- ? Ministry has met with Barb Riley where they will be talking about the process about the in-depth evaluation.
- ? Ministry has started the process has started to hire a provincial evaluation but no one has been hired yet.
- ? More information about in depth evaluation will be coming soon. Anticipate it starting in the next 6 months with the likely happen in next year.
- ? Message to move on with designing your own evaluation. Once the guidelines are out they are not likely to be far from what we have developed.
- ? Some projects that do not have access to epidemiologist or evaluator could get some support from the Ministry.
- ? Members of the group stated that some Health Units might not be prepared to provide more in-kind contribution of epidemiologist.

- ? More things will be clear once the meeting takes place on November 4, 2004
- ? The list of projects nominated may be outdated and have to be reconsidered when the evaluator is on board.
- ? Brenda will send us info, in writing following the meeting.

6.4 Plan Updates (Nov. 15)

- ? Only need to send the updates to the plan-pages that have changed or have been added.
- ? If there are a few pages electronic submissions are fine. Logic models should be put in the mail.
- ? Need to send two copies. (One will go to the Heart Health Resource Centre)
- ? They will resubmit the templates for those who may have deleted them.
- ? Need to submit one program plan for each “Community Involvement Program” and then amend logic model.

6.5 Interim Report Update (Feb. 15)

- ? Electronic format is not ready yet.
- ? Have met with IPHIS (Internet Public Health Information System) to begin the process but they are concentrating on reportable diseases.
- ? It will not be ready for February.

******Money Issues******

First nine months (Allocation for April to December) of budget must be spent by the end of March 31. There will be a memo from Brenda and the Finance Department for the details.

7. Stroke Strategy Update – Donna Mitchell & Tracy Howson

Donna and Tracy presented an update of the Stroke Strategy including a history, direct and indirect costs of strokes, regional networks and stroke centres, stroke continuum, as well as projects funded through the Stroke Strategy. They have offered health promotion workshops and developed a booklet called, “Prescribing Prevention.” Check the HHRC web site for a graph on “Underlying Risk Factors.”

8. Heart Health Resource Centre Update – Anne Lessio

Anne Lessio discussed the mandate, activities and staff of the centre. They have completed an organizational review that looked at their audiences and core functions. Consultation and coaching services was found to be one of the most useful services. They determined that web site needs an overhaul.

9. Dialogue with the Ministry- Brenda Perkins

Brenda’s presentation highlighted the changes at the Ministry of Health and Long Term Care and changes at Public Health Division.

Brenda answered questions about the financial requirements and the confusion around the fiscal year ends. Brenda will look to clarify everything within a week and be in contact with all projects.

Meeting adjourned at 3:05

Next meeting will be in May, date not established. Meeting will be at Oakham House downtown Toronto.