



Welcome to Fireside Chats!

The State of Health of Franco-Ontarians

April 5, 2007 1:00 – 2:30 PM Eastern time

Advisors on Tap:

Gratien Allaire, Director L'Institut franco-ontarian, Laurentian University

Isabelle Michel, Director, Resources, Research, Evaluation and Development Division, Sudbury and District Health Unit

***Partners:* Ontario Prevention Clearing House and**

Program Training and Consultation Centre/Centre de formation et de consultation - Ontario

Housekeeping

- Telephone:
 - **Participants *6 to mute/unmute**
 - **if your line is 'bad' – hang up and call back in**

- Visual Presentation
 - **via Bridgit internet conference - let us know if you have a delay in transmission 10+ seconds**
 - **Back up: PPT presentation www.chnet-works.ca**
 - **Fireside Chat page, today's 'chat' info**

- Agenda:
 - **1:30 PM Welcome and introductions**
 - **1:35 PM Presentation and discussions**
 - **2:30 PM Closure**

- Remember to exit Bridgit at the end of the 'chat'

Advisors on Tap:

Gratien Allaire,

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The State of Health of Franco-Ontarians: 2005 report

This Fireside Chat will highlight findings from the second Report on the Health of Francophones in Ontario.

This report provides an in-depth picture of the state of health of francophones in Ontario and identifies some aspects that differentiates them from other Ontarians.

An objective of this report is to help government organizations and health providers recognize the needs of francophones in Ontario, and to influence the course of health policy making, planning and service delivery.

A further goal is to encourage increased research relating to the Franco-Ontarian population and Francophone health.

2005

Deuxième
Rapport sur
la Santé des
francophones de l'Ontario





Second Report on the Health of Francophones in Ontario



Under the direction of

Louise Picard

Public Health Research, Education and
Development Program

Sudbury & District Health Unit



Gratien Allaire

Institut franco-ontarien
Laurentian University

Presented by Gratien Allaire and Isabelle Michel
For CHNET-Works! Fireside Chat, April 5, 2007



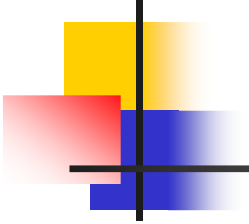
History of the Francophone Health Status Report

- First Report on the Health of Francophones in Ontario completed in 2000
- Project led by the SDHU PHRED
- Partnerships with local and provincial partners in the health and academic sectors



Financial Contribution

- Consortium national de formation en santé, Laurentian University
- Public Health Research, Education and Development Programs
 - Sudbury & District
 - Middlesex-London
 - Ottawa
- Laurentian University and Institut franco-ontarien
- Réseau des services de santé en français de l'Est de l'Ontario
- Northern Ontario School of Medicine
- Réseau de santé en français du Moyen-Nord de l'Ontario



Groupe de recherche sur la santé et le mieux-être de la population franco-ontarienne (GReSMEFO)

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- **Louise Picard**, PHRED, Sudbury & District Health Unit
- **Monique Benoit**, Laurentian University
- **Christiane Bernier**, Laurentian University
- **Louise Bouchard**, University of Ottawa
- **Paul-André Gauthier**, Collège Boréal
- **Manon Lemonde**, University of Ontario Institute of Technology
- **Johanne Levesque**, Ambire SI Inc., for PHRED, Ottawa Public Health
- **Isabelle Michel**, PHRED, Sudbury & District Health Unit
- **Line Tremblay**, Laurentian University



Authors

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Advisory Committee

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- **Isabelle Michel**, PHRED, Sudbury & District Health Unit
- **Carole Racette**, Ontario Ministry of Health and Long Term Care
- **Claude Roy**, Ontario Office of Francophone Affairs
- **Ruth Sanderson**, PHRED, Middlesex-London, Health Unit



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Northern Ontario Medical School

- **Hélène McCuaig**

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- **Renée St. Onge**

Réseau de santé en français du Moyen-Nord de l'Ontario



Why produce a second report?

- Ontario has the highest number of Francophones living outside Québec
- A recommendation from the first report
- A first! A follow-up on the health of Francophones



Report Objectives

- Profile health status and behaviours of the Franco-Ontarian population
- Compare Francophone, Anglophone and Allophone populations and the Ontario population as a whole
- Compare Franco-Ontarian communities living in different regions of the province
- Identify gaps in existing data pertaining to Francophone health and suggest new areas for research
- Provide a tool to assist with decision making, planning and implementation of programs and services
- Compare results of the second report to those of the first



Contents

- Socio-demographic profile
- Economic and social environment
- Self perceived health, disabilities
- Chronic disease and injury
- Mental health
- Health behaviour
- Alternative health care and prevention
- Regional differences



Contents (Details)

- Health Behaviour (Chapter 8)
 - Tobacco
 - Alcohol
 - Weight and Physical Activity
 - Sexual Health
 - Breast-feeding
 - Folic Acid
- Alternative Health Care and Prevention (Chapter 9)
 - Alternative Health Care
 - Dental Health
 - Influenza Vaccine
 - Cancer Screening



Data Sources

- Canadian Community Health Survey 2000-2001
 - Ontario Sample
 - 37 612 people
 - 2 884 Francophones (7.7 %)
- Census 2001
 - Statistics Canada
 - Office of Francophone Affairs
 - Statistical Profiles



Definition of “Health”

“Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.”

(World Health Organization (1998), *Health Promotion: Milestones on the Road to a Global Alliance*, <http://www.who.int/mediacentre/factsheets/fs171/en/>)

- Importance of social determinants of health



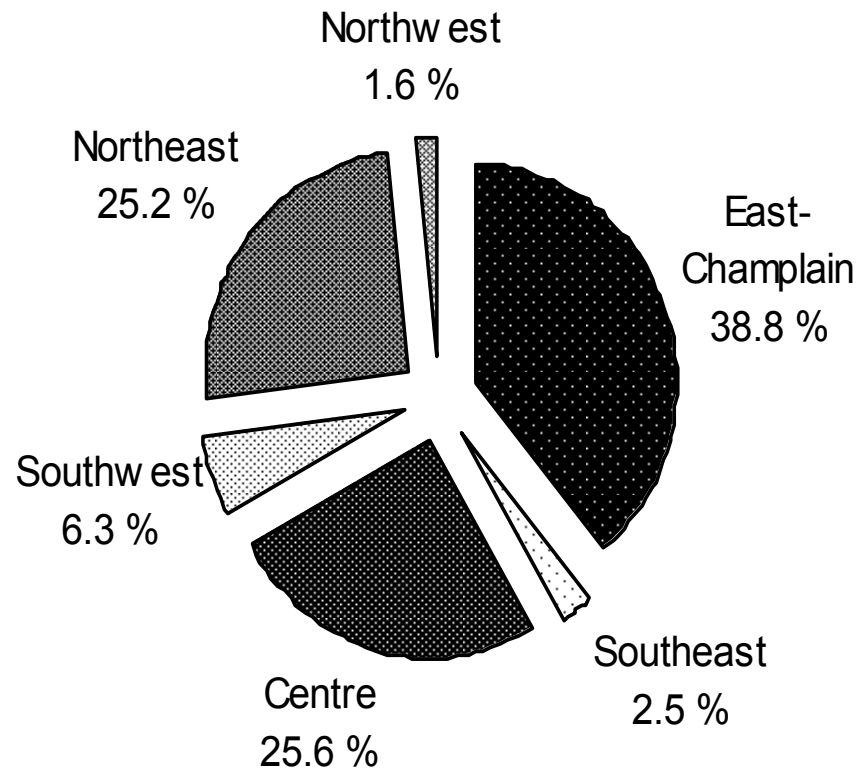
Francophone Population

	N	Proportion
■ Ontario	548,940	4.7%
■ Northeast	138,585	25.1%

Mother Tongue

Refers to the first language learned at home in childhood and still understood by the individual at the time of the census.

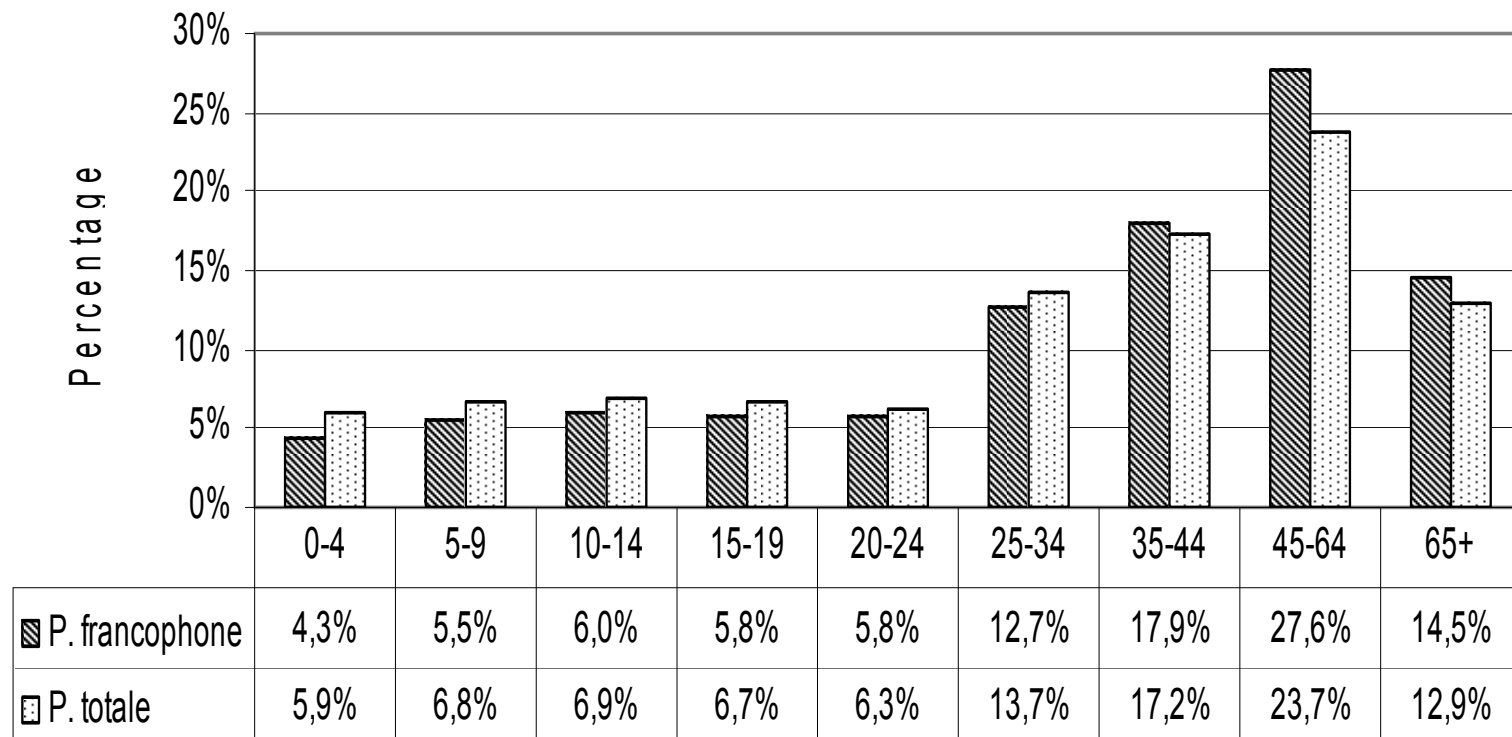
Distribution of Francophone Population by Region, 2001



Note : Percentages are estimated using the 20 % sample.

Source : Ontario, Office of Francophone Affairs, « Population francophone de l'Ontario (Recensement de 2001- Statistique Canada) »
« Statistiques de la population francophone de l'Ontario », <http://www.ofa.gov.on.ca/francais/carte.html> (consulted June 3, 2005) ;
For East-Champlain and the Southeast, calculations were made using Statistics Canada, « Selected demographic, cultural, educational [...] characteristics [...] by] mother tongue », Census Product 2001, 97F0007XCB01042.

Distribution of Francophone and Total Population by Age, 2001



Source : Statistique Canada, *Fichier de microdonnées à grande diffusion du recensement de 2001, Fichier des particuliers*, 95M0016XCB.



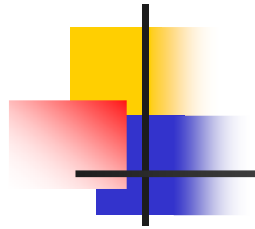
Education and Literacy

- The education level of the francophone population has improved between 1996 and 2001, but remains below that of the population as a whole.
- Three out of five Francophones have severe difficulty reading and understanding written directions. This situation is most notable in those aged 55 and over.



Visible Minorities and Aboriginals

- Visible minorities represent 10 % of Ontario francophone population; they live primarily in the Toronto region and the City of Ottawa.
- In 2001, 5% of the Francophones (French as their first official language) in the northeast and 6% in the northwest were Aboriginals.

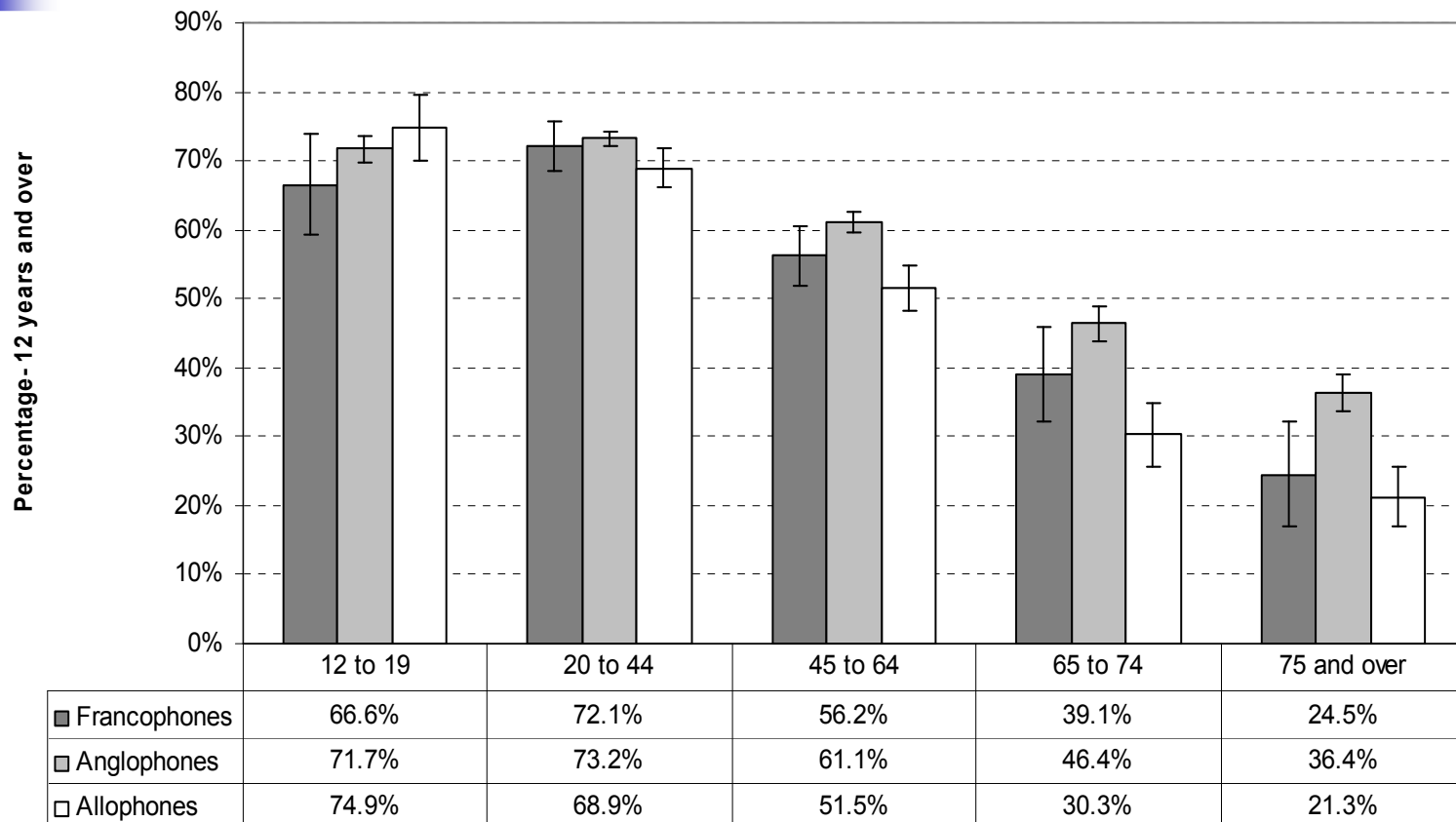


The Health of Francophones

Do the differences persist?

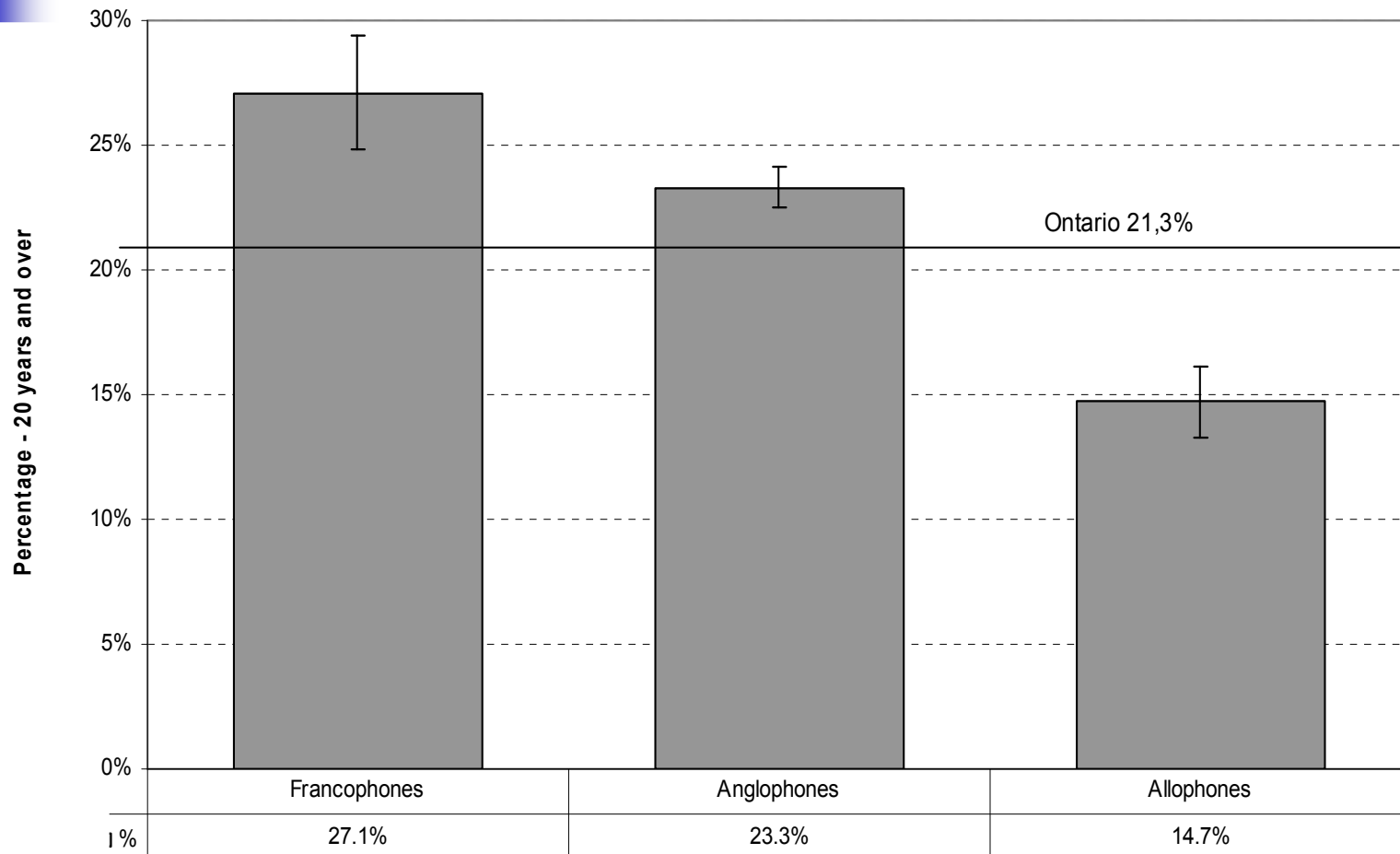
Sometimes yes...

Self-Perceived Health by Age Group and Sociolinguistic Group, 2000-2001



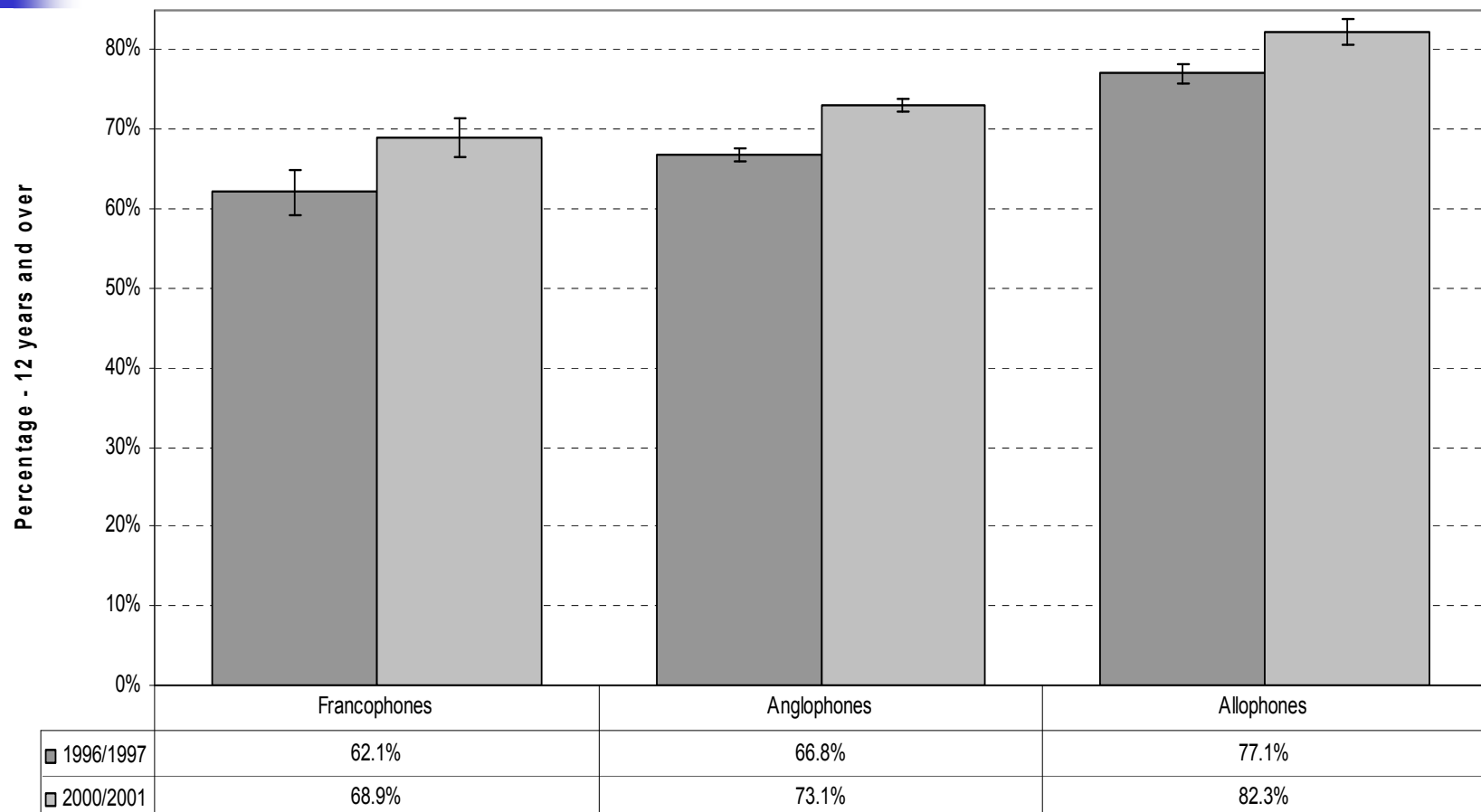
Source: Canadian Community Health Survey (CCHS) Cycle 1.1 [2000/2001], Statistics Canada, Share File, Health Planning Branch, Ontario Ministry of Health and Long Term Care

Adult Daily Smoking Rate by Sociolinguistic Group, 2000-2001



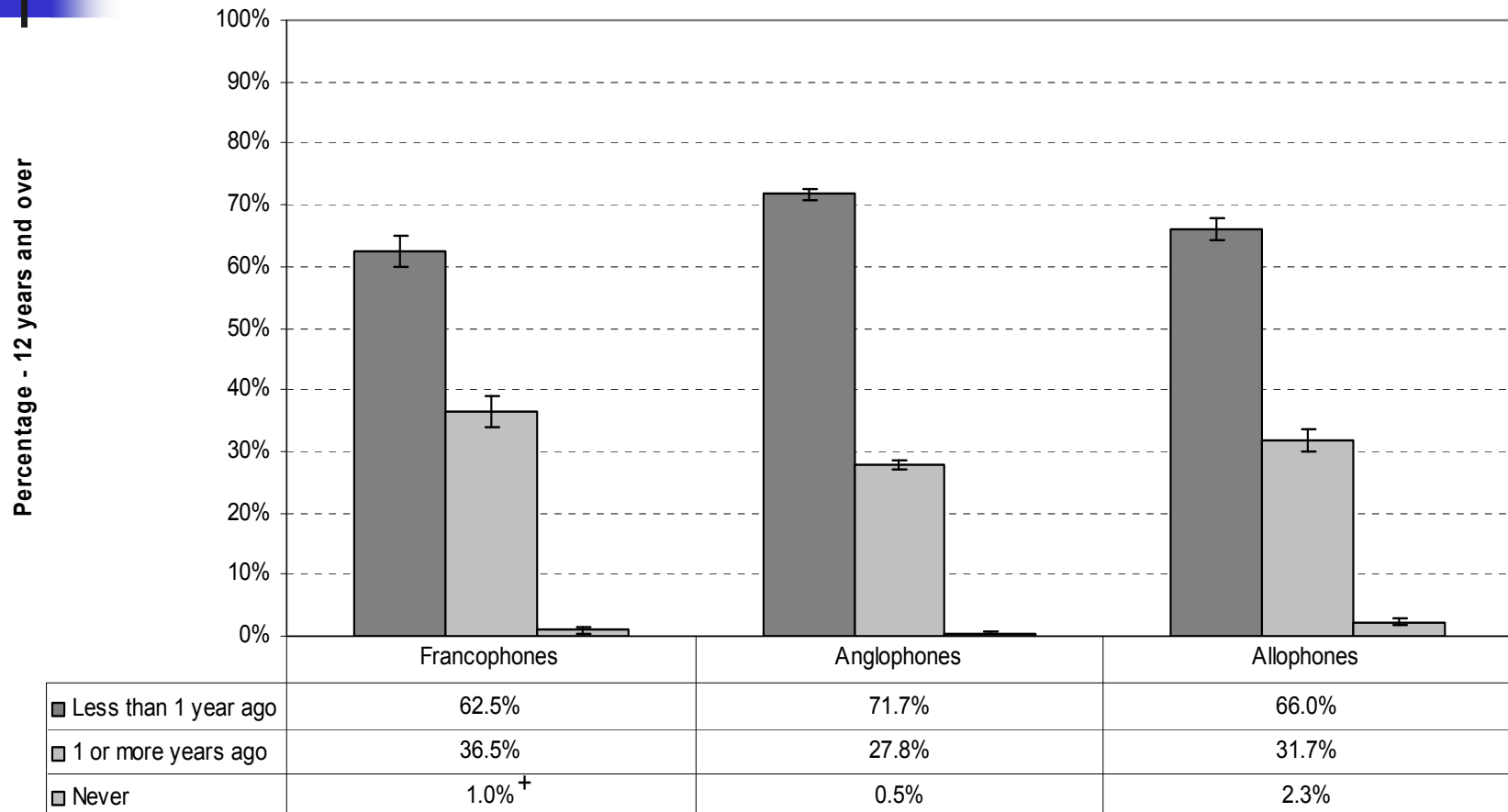
Source: Canadian Community Health Survey (CCHS) Cycle 1.1 [2000/2001], Statistics Canada, Share File, Health Planning Branch, Ontario Ministry of Health and Long Term Care

Percentage of the Population Living in Smoke-Free Homes by Sociolinguistic Group, 1996-1997 and 2000-2001



Source: Canadian Community Health Survey (CCHS) Cycle 1.1 [2000/2001], Statistics Canada, Share File, Health Planning Branch, Ontario Ministry of Health and Long Term Care

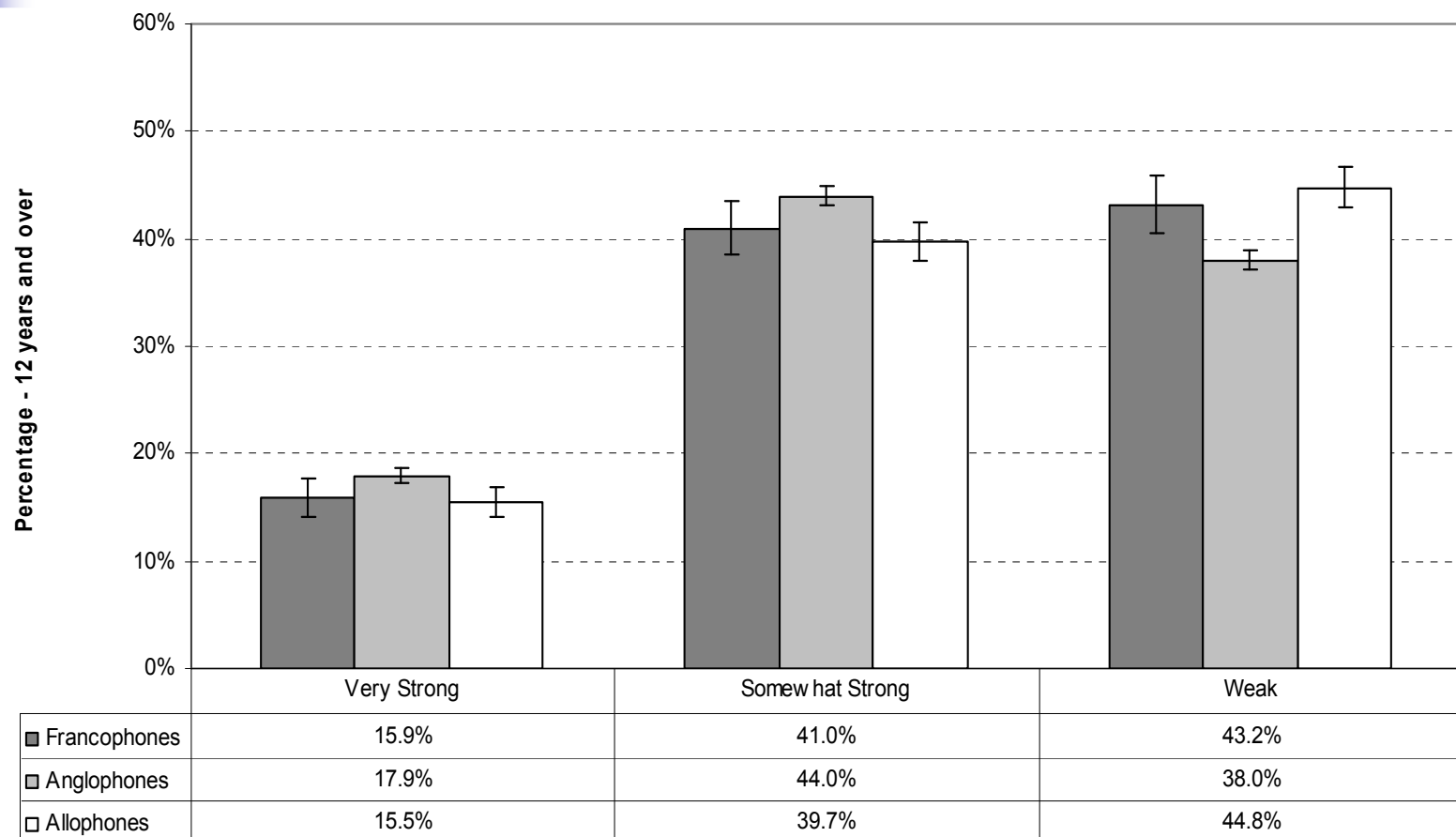
Frequency of Dental Visits by Sociolinguistic Group, 2000-2001



Source: Canadian Community Health Survey (CCHS) Cycle 1.1 [2000/2001], Statistics Canada, Share File, Health Planning Branch, Ontario Ministry of Health and Long Term Care

Note: + Release with Caution

Sense of Community Belonging by Sociolinguistic Group, 2000-2001



Source: Canadian Community Health Survey (CCHS) Cycle 1.1 [2000/2001], Statistics Canada, Share File, Health Planning Branch, Ontario Ministry of Health and Long Term Care



The Health of Francophones

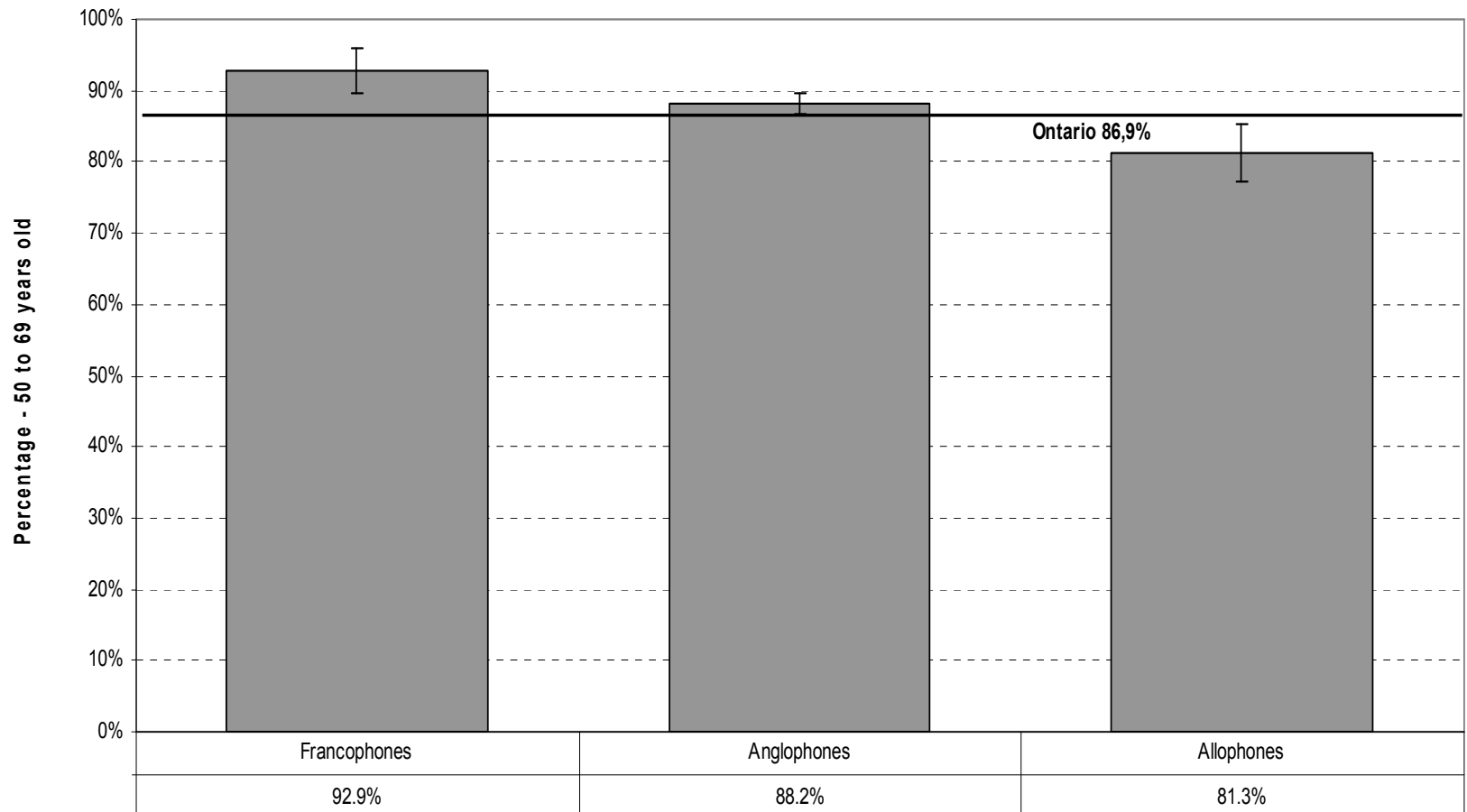
- **Encouraging results...**



Good News for Francophone Youth

- The education level of Francophones is not lower than the Ontario population
- The rate of tobacco use among Francophones aged 12 to 19 years of age does not differ from the Ontario population
- Contrary to the findings of the first report, there is no difference in the rate of sexual activity between Francophone and Ontario teens

“Ever Had a Mammogram” by Sociolinguistic Group, 2000-2001



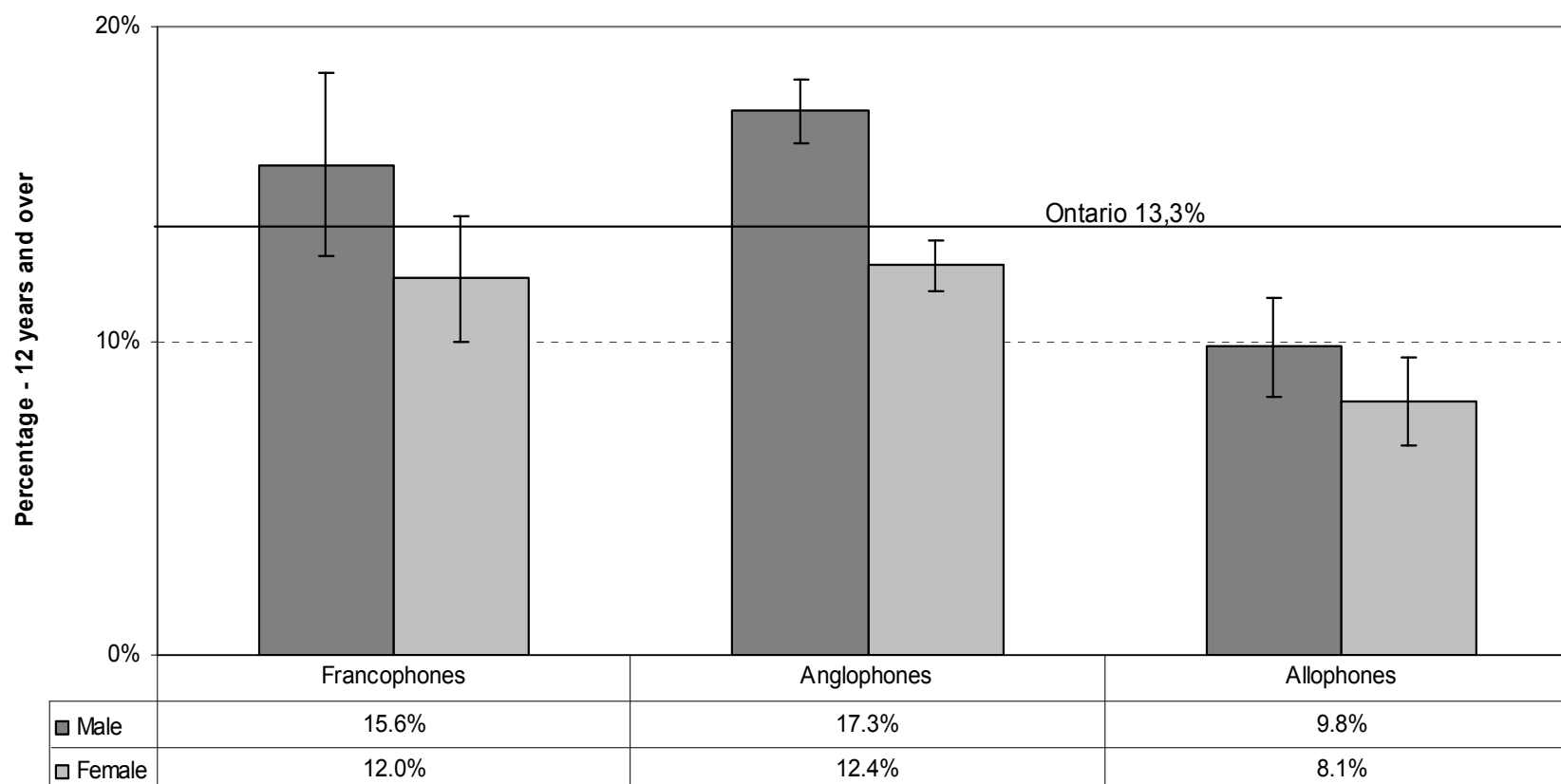
Source: Canadian Community Health Survey (CCHS) Cycle 1.1 [2000/2001], Statistics Canada, Share File, Health Planning Branch, Ontario Ministry of Health and Long Term Care



The Health of Francophones

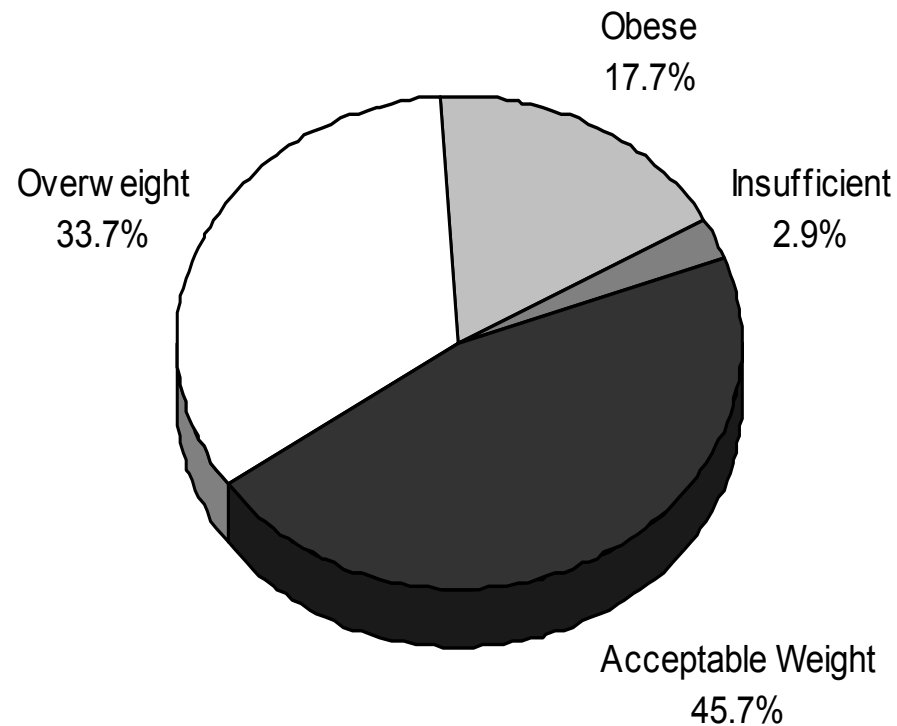
- **No differences noted but still worrisome rates ...**

Serious Injury Limiting Normal Activity by Sex and by Sociolinguistic Group, 2000-2001



Source: Canadian Community Health Survey (CCHS) Cycle 1.1 [2000/2001], Statistics Canada, Share File, Health Planning Branch, Ontario Ministry of Health and Long Term Care

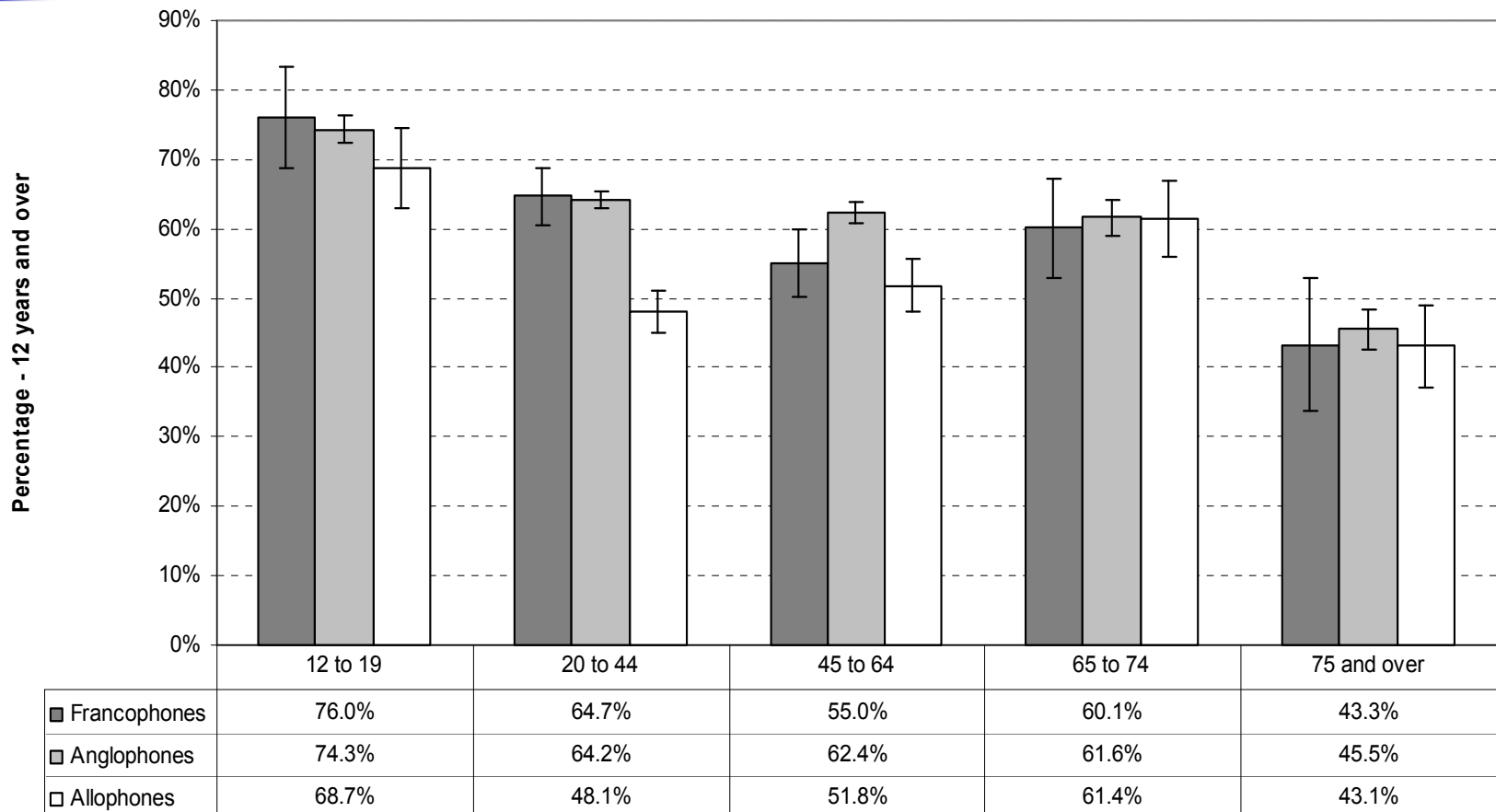
Weight Categories of Francophones aged 18 years and over, 2000-2001



Source: Canadian Community Health Survey (CCHS) Cycle 1.1 [2000/ 2001], Statistics Canada, Share File, Health Planning Branch, Ontario Ministry of Health and Long Term Care

Note: The results are based on the Body Mass Index (BMI) International Standard

Regular Physical Activity by Age Group and Sociolinguistic Group, 2000-2001



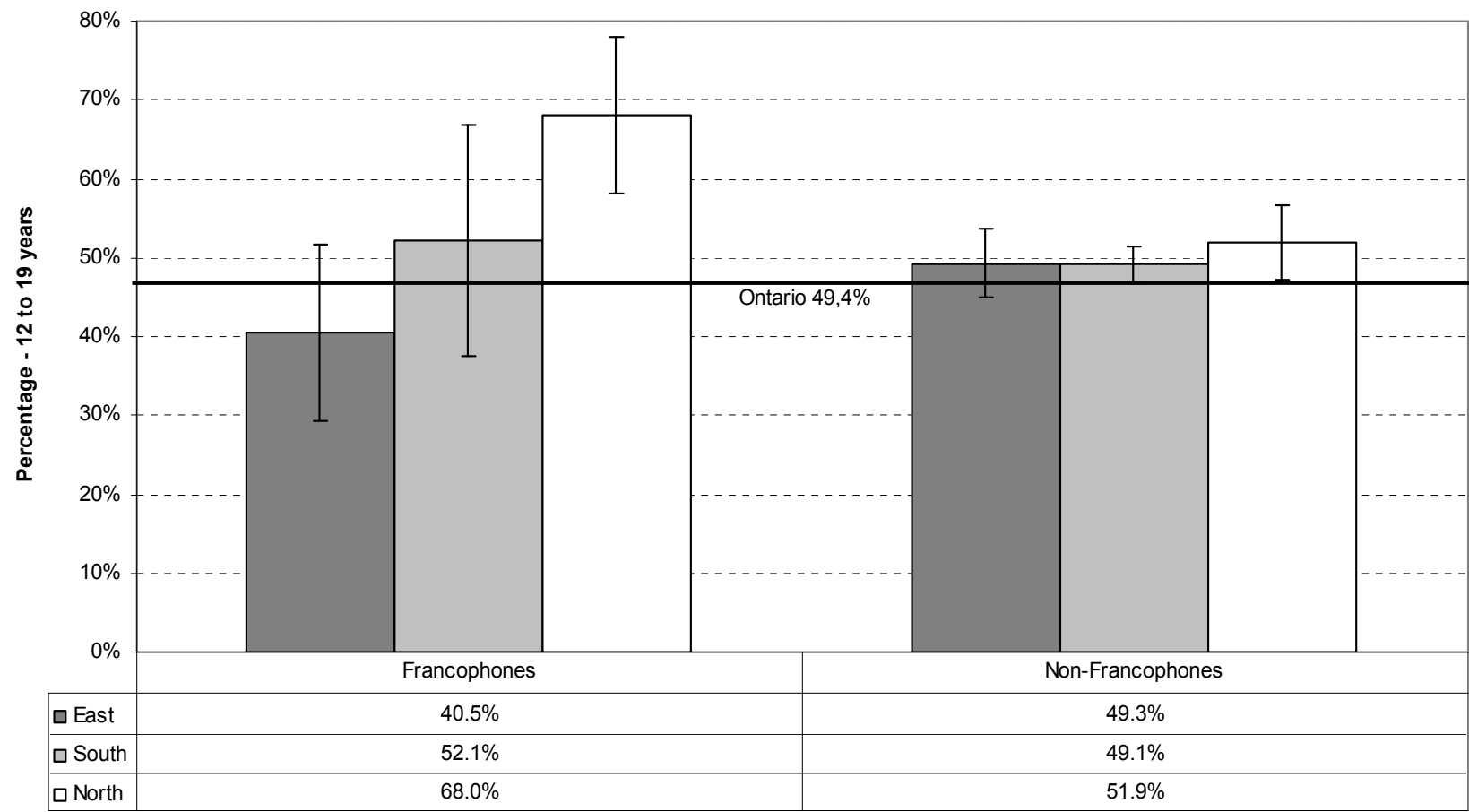
Source: Canadian Community Health Survey (CCHS) Cycle 1.1 [2000/ 2001], Statistics Canada, Share File, Health Planning Branch, Ontario Ministry of Health and Long Term Care



The Health of Francophones

- **Regional differences...**

Teen Current Drinkers - Francophone and Non-Francophone Populations, 2000-2001



Source: Canadian Community Health Survey (CCHS) Cycle 1.1 [2000/ 2001], Statistics Canada, Share File, Health Planning Branch, Ontario Ministry of Health and Long Term Care



Usefulness of the Report

- Planning of Health Care Services
- Education
- Research



Recommendations

Recommendations Essentially Taken from the First Report

- Increase access to data on francophones
- That research be done to fill in the gaps and to explain results
- Create a provincial list that includes all existing documents on the health of francophones
- That the impact of the determinants of health on health status and on access to services in French be recognized in health care delivery
- That the cultural and linguistic realities affecting francophones be a top priority in the development of health services in Ontario.
- That the findings in this report be used to identify the services most needed and the subgroups to be targeted in the development of programs ex: visible minorities, elderly
- Follow-up on the report



Recommendations

Recommendations Specific to the Second Report

- A definition of « francophone » must be adopted that is more in keeping with the real situation of « francophonie » in Ontario
- Compile and analyze data on the Franco-Ontarian population collected from the last literacy survey
- Use the findings in this report to adapt the school curriculum to the specific needs of the Franco-Ontarian population
- Increase understanding of the situation of the elderly Franco-Ontarians
- Follow the progression of chronic diseases
- Coordinate the efforts of the various health care partners in order to improve the health of the Franco-Ontarian population



Web sites

- Institut franco-ontarien
 - www.ifo.laurentienne.ca
 - <http://oldwebsite.laurentian.ca/ifo/>
- Sudbury & District Health Unit
 - www.sdhu.com



Thanks for joining in!

- **For more information:** www.chnetworks.ca