

OHHP- TAKING ACTION FOR HEALTHY LIVING

COORDINATOR CONTACT LIST

January 2009

Compiled by
Heart Health Resource Centre (HHRC)

OHHP-Taking Action for Healthy Living Coordinators

Name / Title / Project	Health Agency	Address	Phone / Fax / e-mail / Website
Alison Dutkiewicz <i>Heart Health Coordinator</i> <i>Take Heart Algoma</i>	Algoma Public Health (NE)	6th floor, Civic Centre 99 Foster Drive Sault Ste. Marie, ON P6A 5X6	Ph: (705) 541-7138 Fax: (705) 759-1534 adutkiewicz@algomapublichealth.com www.hearthealthalgoma.com/index.html
Cindy Jessome/ Jillian Welk <i>Heart Health Coordinators</i> <i>Brant Healthy Living Coalition</i>	Brant County Health Unit (CW)	194 Terrace Hill Street Brantford, ON N3R 1G7	Ph: (519) 753-4937 ext. 274/ 363 Fax: (519) 753-2140 cjessome@bchu.org jwelk@bchu.org www.healthylivingbrant.com
Joanne Putnam <i>Heart Health Coordinator</i> <i>Healthy Living Chatham-Kent</i>	Chatham-Kent Public Health Unit (SW)	P.O. Box 1136, 435 Grand Ave. West Chatham, ON N7M 5L8	Ph: (519) 352-7270 ext. 2413 Fax: (519) 352-2166 joanneput@chatham-kent.ca www.chatham-kent.ca
Brian Dallaway <i>Project Coordinator</i> <i>Durham Lives!</i>	Regional Municipality of Durham Headquarters (CE)	605 Rossland Road East, P.O. Box 730 Whitby, ON L1N 0B2	Ph: (905) 668-7711 ext. 3127 Fax: (905) 666-6214 brian.dallaway@region.durham.on.ca www.durhamlives.com
Jean Pamphile <i>Project Officer</i> <i>Healthy Rhythm Coalition</i>	Eastern Ontario Health Unit (E)	457 Main St. East P.O. Box /C.P. 616 Winchester, ON K0K 2K0	Ph: (613) 774-2739 ext. 310 Fax: (613) 774-4079 jpamphile@eohu.ca www.eohu-bseo.on.ca/home/index_e.php
Gemma Urbani ♥ <i>Health Promoter</i> <i>Healthy at Heart Elgin</i>	Elgin-St. Thomas Health Unit (SW)	99 Edward Street St. Thomas, ON N5P 1Y8	Ph: (519) 631-3159 ext. 247 Fax: (519) 633-0468 heart@elginhealth.on.ca www.elginhealth.on.ca
Crystal Ferguson <i>Heart Health Coordinator</i> <i>Grey Bruce Partners In Health</i>	Grey Bruce Health Unit (SW)	920 1 st Ave West Owen Sound, ON N4K 2J1	Ph: (519) 376-9420 ext. 404 / 1-800-821-7714 Fax: (519) 881-3920 cferguson@publichealthgreybruce.on.ca www.publichealthgreybruce.on.ca
Josh Daley ♥ <i>Heart Health Coordinator</i> <i>Health Action</i>	Haldimand-Norfolk Health Unit (CW)	12 Gilbertson Drive P.O. Box 247 Simcoe, ON N3Y 4L1	Ph: (519) 426-6170 ext. 3208 Fax: (519) 426-9974 josh.daley@hnhu.org www.healthaction.ca
Lorna McCleary <i>Coordinator</i> <i>Health for Life</i>	Haliburton Kawartha, Pine Ridge District Health Unit (CE)	108 Angeline St. South Lindsay, ON K9V 3L5	Ph: (705) 324-3569 ext. 217 Fax: (905) 885-9551 lmccleary@lindsay.hkpr.on.ca www.hkpr.on.ca

Name / Title / Project	Health Agency	Address	Phone / Fax / e-mail / Website
Roslyn Ralph ♥ <i>Health Promoter</i> <i>Choices 4 Health</i>	Halton Region Health Department (CW)	1151 Bronte Road Oakville, ON L6M 3L1	Ph: (905) 825-6000 ext. 7346 Fax: (905) 825-8588 roslyn.ralph@halton.ca www.choices4health.org
Christine Senson <i>Heart Health Coordinator</i> <i>Healthy Living Hamilton</i>	Public Health and Community Services, City of Hamilton (CW)	71 Main Street West (Upper Ottawa Office) Hamilton, ON L8P 4Y5	Ph: (905) 546-2424 ext. 3634 Fax: (905) 546-3658 csenson@hamilton.ca www.doitwell.ca
Ashley Rutherford <i>Coordinator</i> <i>LifeWorks Hastings & Prince Edward</i>	Hastings & Prince Edward Counties Health Unit (E)	179 North Park Street Belleville, ON K8P 4P1	Ph: (613) 966-5513 ext. 213 Fax: (613) 966-9418 arutherford@hpechu.on.ca www.lifeworks4health.org
Marilyn King ♥ <i>Heart Health Coordinator</i> <i>Take Heart Huron</i>	Huron County Health Unit (SW)	77722B London Road RR #5 Clinton, ON N0M 1L0	Ph: (519) 482-3416 ext. 2558 Fax: (519) 482-7820 mking@huroncounty.ca www.huroncounty.ca/healthunit
Anne MacPhail Heart Health Coordinator <i>Hearts@Work</i>	Kingston, Frontenac, Lennox & Addington Public Health (E)	221 Portsmouth Ave. Kingston, ON K7M 1V5	Ph: (613) 549-1232 ext.117 Fax: (613) 549-7896 amacphai@kflapublichealth.ca www.healthunit.on.ca
Lana Smith <i>Coordinator</i> <i>Healthy Living Lambton</i>	County of Lambton Community Health Services Dept. (SW)	150 N Christina St. 2 nd Floor Sarnia, ON N7T 8H3	Ph: (519) 344-2062 ext. 2107 Fax: (519) 344-2025 Lana.smith@county-lambton.on.ca www.lambtonhealth.on.ca/
Deanne Poehlmann <i>Coordinator</i> <i>Leeds, Grenville and Lanark Heart Health Coalition</i>	Leeds, Grenville and Lanark District Health Unit (E)	458 Laurier Blvd. Brockville, ON K6V 7A3	Ph: (613) 345-5685 ext. 2224 Fax: (613) 345-2879 deanne.poehlmann@healthunit.org www.healthunit.org
Bernie McCall <i>Heart Health Coordinator</i> <i>Healthy Living Partnership</i> <i>Middlesex-London</i>	Middlesex-London Health Unit (SW)	50 King Street London, ON N6A 5L7	Ph: (519) 663-5317 ext.2314 Fax: (519) 663-9276 bernie.mccall@mlhu.on.ca www.healthylivinginfo.ca
Lisa Gallant <i>Coordinator</i> <i>Healthy Living Niagara</i>	Niagara Region Public Health Department, Chronic Disease Prevention Division (CW)	P.O. Box 1052 Station Main Thorold, ON L2V 0A2	Ph: (905) 688-8248 ext. 7321 Fax: (905) 688-7024 Lisa.gallant@regional.niagara.on.ca www.healthylivingniagara.com
Josee Bisson <i>Health Promoter</i> <i>Take Heart Healthy Living Partnership</i>	North Bay Parry Sound District Health Unit (NE)	681 Commercial Street North Bay, ON P1B 4E7	Ph: (705) 474-1400 ext. 2371 Fax: (705) 474-8252 bisson@nbdhu.on.ca www.nbdhu.on.ca

Name / Title / Project	Health Agency	Address	Phone / Fax / e-mail / Website
Elaine Fischer, BPHE <i>Health Promoter, Northwestern Healthy Living Project</i>	Northwestern Health Unit (NW)	396 Scott St. Fort Frances, ON P9A 1G9	Ph: (807) 274-9827 Fax: (807)-274-0779 efischer@nwhu.on.ca
Maureen Lapointe <i>Coordinator Partners in Healthy Living Ottawa</i>	Ottawa Public Health, Community and Protective Services (E)	100 Constellation Crescent Ottawa, ON K2G 6J8	Ph: (613) 580-6744 ext.26137 Fax: (613) 580-9653 maureen.lapointe@ottawa.ca www.ottawaheartbeat.com
Iva MacCausland <i>Heart Health Coordinator Whole Hearted Living</i>	Oxford County Public Health & Emergency Services (SW)	410 Buller Street Woodstock, ON N4S 4N2	Ph: (519) 539-9800 ext. 3443 Fax: (519) 539-6206 imaccausland@county.oxford.on.ca www.ohhn.ca/links.shtml
Denise DeCampos♥ <i>Health Promotion Officer Healthy Living Peel</i>	Peel Regional Health Unit (CE)	9445 Airport Road 3rd Floor, West Tower Brampton, ON L6S 4J3	Ph: (905) 791-7800 Fax: (905) 458-5158 Denise.DeCampos@peelregion.ca www.healthylivingpeel.ca
Kerry Price <i>Heart Health Coordinator Healthy Living Perth</i>	Perth District Health Unit (SW)	10 Downie Street Festival Square, 2nd Fl Stratford, ON N5A 7K4	Ph: (519) 271-4250 ext. 778 Fax: (519) 271-5368 kprice@pdhu.on.ca www.pdhu.on.ca
Denise Amri♥ <i>Health Promoter Health for Life</i>	Peterborough County-City Health Unit (CE)	10 Hospital Drive Peterborough, ON K9J 8M1	Ph: (705) 743-1000 ext. 347 Fax: (705) 743-2897 damri@pcchu.ca www.healthforlifepeterborough.ca
Marty Paul <i>Heart Health Coordinator / CDP Take Heart Cochrane District Heart Health Network</i>	Porcupine Health Unit (NE)	169 Pine Street South P.O. Box 2012 Timmins, ON P4N 8B7	Ph: (705) 267-1181 ext. 414 Fax: (705) 264-3980 mpaul@porcupinehu.on.ca www.take-heart.net
Brian Brohart <i>Health Promoter Healthy Living Partnership</i>	Renfrew County & District Health Unit (E)	7 International Drive Pembroke, ON K8A 6W5	Ph: (613) 735-8651 ext. 545 Fax: (613) 735-3067 bbrohart@rcdhu.com www.rcdhu.com/
Julie Cloutier <i>Project Coordinator Good for Life</i>	Simcoe Muskoka District Health Unit (CE)	15 Sperling Drive Barrie, ON L4M 6k9	Ph: 705-721-7520 ext. 7337 Fax: (705) 721-1495 Julie.cloutier@smdhu.org www.simcoemuskokahealth.org
Alicia Tyson <i>OHHN Co-chair / Heart Health Coordinator Take Heart Muskoka</i>	Simcoe Muskoka District Health Unit (CE)	5 Pineridge Gate Gravenhurst, ON P1P 1Z3	Ph: (705) 684-9090 ext. 7778 Fax: (705) 721-1495 alicia.tyson@smdhu.org www.simcoemuskokahealth.org

Name / Title / Project	Health Agency	Address	Phone / Fax / e-mail / Website
Barbara Eles <i>Past Chair OHHN / Public Health Nurse</i> <i>Sudbury and Manitoulin Districts Heart Health Project</i>	Sudbury & District Health Unit (NE)	1300 Paris Street Sudbury, ON P3E 3A3	Ph: (705) 522-9200 ext. 328 Fax: (705) 677-9608 elesb@sdhu.com www.sdhu.com
Anne Ostrom <i>OHHN Co-chair / Coordinator</i> <i>Take Heart Thunder Bay</i>	Thunder Bay District Health Unit (NW)	999 Balmoral Street Thunder Bay, ON P7B 6E7	Ph: (807) 625-5923 Fax: (807) 625-4824 anne.ostrom@tbdhu.com www.tbdhu.com/healthyLiving/
Martha McSherry <i>Heart Health Coordinator</i> <i>Timiskaming Heart Health Program</i>	Timiskaming Health Unit (NE)	421 Shepherdson Road New Liskeard, ON P0J 1P0	Ph: (705) 567-9355 ext.236 Fax: (705) 567-5476 mcsherrym@timiskaminghu.com www.timiskaminghu.com
Julie Charlebois <i>Health Promotion Consultant</i> <i>Toronto Heart Health Partnership</i>	Toronto Public Health (CE)	Etobicoke Civic Centre 399 The West Mall Toronto, ON M9C 2Y2	Tel: 416-338-1519 Fax: 416-338-1780 jcharle@toronto.ca www.intohealth.ca / www.getintoit.ca
Shelley Bolden <i>Heart Health Coordinator</i> <i>Together 4 Health</i>	Region of Waterloo Public Health (CW)	P.O. Box 1633, 99 Regina St. South, 3rd Floor Waterloo, ON N2J 4V3	Ph: (519) 883-2008 ext. 5299 Fax: (519) 883-2226 bshelley@region.waterloo.on.ca www.together4health.ca
Alicja Krol♥ <i>Heart Health Coordinator</i> <i>Community Heart Health Network</i>	Wellington-Dufferin-Guelph Health Unit (CW)	600 Southgate Drive Guelph, ON N1G 4P6	Ph: (519) 846-2715 ext.4655 Fax: (519) 941-1600 alicja.krol@wdghu.org
Elizabeth Strachan <i>Health Action Coordinator & Nutritionist</i> <i>Health Action Windsor-Essex</i>	Windsor Essex County Health Unit (SW)	360 Fairview Ave. West Ste. 215 Essex, ON N8M 3G4	Ph: (519) 258-2146 ext. 3106 Fax: (519) 776-6102 estrachan@wechealthunit.org www.healthactionwindsorsex.org
Nicole Rauzon-Wright <i>Heart Health Coordinator</i> <i>York Region Program</i>	HealthYork c/o King George School (CE)	300 Harrywalker Pkwy South Newmarket, ON L3Y 8E2	Ph: (905) 895-2951 Fax: (905) 830-1174 Nicky.Wright@yrdsb.edu.on.ca www.healthYork.com